



Center for Multicultural Health

Accomplishments

State Fiscal Year 2005

Promoted Cultural Competence in the Utah Public Health Workforce

- Planned cultural competence trainings for Utah Department of Health staff for December 5-6, 2005 and January 13, 2006.
- Reviewed health program materials for cultural competence and linguistic accuracy, including Arthritis, Asthma, Baby Your Baby, Cancer, CASH, Children with Special Health Care Needs, Chronic Disease Genomics, Data Resources, Diabetes, Heart Disease and Stroke, HIV, Immunization, Injury Prevention, Oral Health, Reproductive Health, Tobacco Prevention, and WIC materials.
- Increased ethnic and racial minority representation on Utah Immunization Coalition, Medicaid, HIV/AIDS, and CHIP health advisory committees.
- Collaborating with Health Insight to provide cultural competence to training medical offices in Utah.
- Started Ethnic Health Program to provide training to ethnic communities on priority health areas.

Mandate of the Center for Multicultural Health

Improve cultural competence, health outcomes and access to healthcare for multicultural and minority populations by:

- Promoting and coordinating research, education, health promotion and screening activities
- Assisting in program development and implementation
- Promoting information sharing and use
- Seeking federal funding and other resources
- Providing technical assistance to public and private organizations and advisory committees in Utah.

-Utah Code 26-7-2

Brought New Federal Grant Dollars to Utah

- Applied for and was awarded a \$148,750 grant for the first year and \$159,250 for the next four years upon availability and the CMH's outcomes, from the Office of Minority Health, Department of Health and Human Services.
- The grant will fund efforts to improve collaboration and coordination with local health departments, Utah Department of Health programs, and community-based organizations, and formalize the statewide multicultural health network.
- Received \$2,500 from OMH Region VIII to fund "Take a Loved One for a Check-Up Day," which was held October 22, 2005.

Supported Health Committees with Multicultural Expertise

- Served the Ethnic Health Advisory Committee (EHAC).
 - Coordinated EHAC meetings.
 - Relayed information between the EHAC and the Utah Department of Health.
 - Provided EHAC members with information regarding grant opportunities and ethnic-focused community activities.

- Drafted an annual report of EHAC recommendations.
- Provided perspective on the impact of health policies and programs to multicultural populations as a member of:
 - The Medical Home Committee: seeking comprehensive medical care for children with special healthcare needs
 - UCAN: Utah Cancer Action Network: Utah Medically Underserved Workgroup
 - Breast Cancer Task Force: support local Hispanic in cancer prevention.
 - Utah Tobacco Networks
 - Oral Health Committee of Midvale City
 - Utah's Transformation of Child and Adolescent Network (UTCAN) Cultural Competency Advisory Council
 - Baby Your Baby
 - Hispanic Task Force: cultural competency and education
 - Centro de la Familia Health Advisory Committee
 - Childhood Obesity in Utah Conference 8/17/05
 - Eliminating Inequalities in Utah's Health Through Public-Private Partnership Summit 2005
 - UDOH Health Disparities Workgroup: 10 staff representing the priority health areas

Helped Utah's Racial and Ethnic Minorities Improve Their Health

- Provided trainings to the community in basic nutrition, nutrition and diabetes, Body Mass Index, medical interpretation, and HIV instruction
- With the oral health subcommittee, coordinated annual campaign to teach children the correct use of the toothbrush and dental floss in Midvale
- Conducted "Take a loved one for a check up" event to promote preventive health care and increase awareness of the new Medicare plan, October 22, 2005.
- Promoted nutrition classes to address overweight and obesity through the American Heart Association and the University of Utah nutrition program
- Sponsored Hispanic Women's Conference on Breast Cancer, October 2005, to increase awareness on cancer, prevention, and treatment.
- Provided technical assistance to community-based organizations: notify of grant opportunities, provide references, provide consultation on application processes,
- Participated on leadership committee for Midvale's annual health fair, October 2005.
- Organized community education session by Lupus Chapter of Utah, September 9, 2005.

Public Awareness

- Published Health Status Report by Race and Ethnicity, May, 2005
- Promoted UDOH programs and minority events through radio, TV, newspaper interviews and public service announcements

Health Problems of Utah Minority Groups²

	Healthcare	Risk Factors	Mother/Child	Infectious Diseases	Injuries/Violence	Chronic Disease/Death
American Indian, Alaska Native	<ul style="list-style-type: none"> • Not Screening for Prostate Cancer • Lack Prenatal Care 	<ul style="list-style-type: none"> • Obesity • No Physical Activity • Chronic & Binge Drinking 	<ul style="list-style-type: none"> • Low Birth Weight • Teen Pregnancy 	<ul style="list-style-type: none"> • Chlamydia • Syphilis 	<ul style="list-style-type: none"> • Unintended Injury Death • Homicide 	<ul style="list-style-type: none"> • Poor Overall Health • Poor Mental Health • Asthma • Diabetes • Heart Disease
Asian	<ul style="list-style-type: none"> • Lack Prenatal Care 	<ul style="list-style-type: none"> • No Physical Activity 	<ul style="list-style-type: none"> • Low Birth Weight 	<ul style="list-style-type: none"> • Tuberculosis 		
Black	<ul style="list-style-type: none"> • Lack Prenatal Care 	<ul style="list-style-type: none"> • Obesity • Smoking • Binge Drinking 	<ul style="list-style-type: none"> • Infant Mortality • Low Birth Weight 	<ul style="list-style-type: none"> • Tuberculosis • Chlamydia • Gonorrhea • HIV/AIDS 	<ul style="list-style-type: none"> • Homicide 	<ul style="list-style-type: none"> • High Death Rate • Poor Mental Health • Colorectal Cancer Death
Native HI, Pacific Is.	<ul style="list-style-type: none"> • Lack Prenatal Care 	<ul style="list-style-type: none"> • Obesity • No Folic Acid 	<ul style="list-style-type: none"> • Teen Pregnancy 	<ul style="list-style-type: none"> • Tuberculosis 		<ul style="list-style-type: none"> • Poor Overall Health
Hispanic	<ul style="list-style-type: none"> • No Health Insurance • No Healthcare Provider • Not Screening for Cervical, Colon or Prostate Cancer • Cholesterol Not Checked • Lack Prenatal Care • No Flu Shot 	<ul style="list-style-type: none"> • Obesity • Not Eating Vegetables • No Physical Activity • Binge Drinking • No Folic Acid 	<ul style="list-style-type: none"> • Infant Mortality • Teen Pregnancy • Neural Tube Defects 	<ul style="list-style-type: none"> • Tuberculosis • Chlamydia • Gonorrhea • HIV/AIDS 	<ul style="list-style-type: none"> • Homicide 	<ul style="list-style-type: none"> • Poor Overall Health

1. Governor's Office of Planning and Budget (2005). *Utah's Indicator-Based Information System for Public Health: Population Estimates*. <http://ibis.health.utah.gov/>
2. Office of Public Health Assessment (2005). *Health Status by Race and Ethnicity*. Salt Lake City, UT: Utah Department of Health.
<http://health.utah.gov/opha/publications/raceeth05/RaceEth05.htm>